



# OSC FEBRUARY SPLASH

## KINSMEN SPORTS CENTRE, EDMONTON

February 22, 2025

### DATES / TIMES

**Date:** Sunday, February 22, 2026

**Warm-Up:** 1:00 pm - 1:45 pm

**Racing:** 1:50 pm – 4:00 pm

### FACILITY

**Kinsmen Sports Centre**, 9100 Walterdale Hill NW, Edmonton, AB

6 lane 50m pool warm up/cool down space.

**5 lanes 50m pool in use for competition.**

Free parking, but parking is limited, please consider car-pooling to daytime sessions.

No buses or motorhomes are allowed in the parking lot. Day use lockers are available for free.

There are vending machines on site: stay tuned for food options.

### SANCTION

Sanctioned by Swim Alberta – (Sanction number to be assigned)

### CONTACTS

**Meet Manager**

Maureen de Kock, [maureenydk@gmail.com](mailto:maureenydk@gmail.com)

**Club Contact**

Francois Coetzer, [francois@olympianswimclub.com](mailto:francois@olympianswimclub.com)

**Entries**

Cassandra Wong, [entries@olympianswimclub.com](mailto:entries@olympianswimclub.com)

**Officials' Coordinator**

Kristen Demers, [officials@olympianswimclub.com](mailto:officials@olympianswimclub.com)

**Referee**

Alana Cockwill, [ashrubsole@hotmail.com](mailto:ashrubsole@hotmail.com)

### ELIGIBILITY

This competition is open to all Olympian Swim Club swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

No-time (NT) entries will not be accepted.

Swimmer age is determined as of February 22, 2026.

No more than two individual events may be entered for any swimmer.

# COMPETITION & DIVING READINESS STANDARDS

Entry for the competition is limited to participants who have passed Swim Alberta's Competition Swim Test.

The submission of the Competition Readiness - Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta's Competition Swim Test, is required prior to entries being accepted.

During the competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

## ENTRY PROCESS

All entries must be submitted through the Swimming Canada online system. Swimmer Deck Entries may be permitted by Meet Management. Deck entries must include proof that the swimmer is fully registered with Swimming Canada. Questions regarding entries can be sent to [entries@olympianswimclub.com](mailto:entries@olympianswimclub.com).

## ENTRY DEADLINE

**Entry Deadline:** Thursday, February 19, 2026

## ENTRY FEES

Individual events: \$16

Deck entries: \$25

Entry fees are due by the start of the first session.

Entry fees are non-refundable after the scratch deadline except with a medical note.

## EVENT LIMITATIONS

All events will be swum as timed finals.

Events will be swum slowest to fastest, unless otherwise directed by the Referee.

Session length will not exceed the scheduled time.

## EVENT LIST (LONG COURSE – 50m)

### Individual Events:

- 100 Freestyle
- 100 Backstroke
- 100 Breaststroke
- 100 Butterfly
- 200 Freestyle
- 200 Backstroke

- 200 Breaststroke
- 200 Butterfly
- 400 Freestyle
- 400 Individual Medley

## **EVENT RESTRICTIONS**

Due to lane availability:

Only 5 lanes will be used

400 Individual Medley will be limited to:

- 5 Girls
- 5 Boys

Entries for the 400 IM will be accepted on a first-come, first-served basis.

## **SEEDING INFORMATION**

All events will be seeded by entry time

All events are timed finals

Events 400m and longer will be seeded fastest to slowest if required for session management

## **RULES**

The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

## **DIVING RULES**

One of the diving rules below must be included, for competitions using multiple pools or starting ends more than one clause may be included to distinguish between starting ends.

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.
2. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule C16.1.4.1 and Swimming Canada's Swimming Rule 4.1.1.
3. In-water starts will be conducted as per Swimming Canada's Swimming Rule 4.1.2.

## **SCRATCHES**

The Swim Alberta scratch rule will be in effect for this competition.

## **COMPETITION WARM-UP**

Swimming Canada competition warm-up safety procedures will be in effect at this meet. The full details on the Competition Warm-Up can be found [HERE](#)

## **SAFE SPORT**

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

## **SWIMWEAR AT COMPETITIONS**

All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

## **PHOTOGRAPHY / VIDEOGRAPHY**

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found [HERE](#)

## **OFFICIALS**

Officials will be scheduled in accordance with Swim Alberta requirements.